

## **About Alastair Gibson - Advanced Lightning Process Practitioner**

Alastair Gibson was inspired to train others in how to regain their own health and happiness.

After working in the service industry, Alastair went on to train as a Certified Master NLP Practitioner, Life Coach, Hypnotherapy and Advanced Lightning Process Practitioner.

He studied under Phil Parker at the European College of Holistic Medicine and Brian Morton NLP Master Practitioner, accredited NLP Trainer.

As a trainer, Alastair is completely committed to guiding you on your journey to wellness and success in any area of your life.

He is known for his inspiration, enthusiasm and sense of fun!

### **CV**

Certified Master NeuroLinguistic Programming Practitioner ABNLP, BMHRD

Advanced Lightning Process Trainer **European College of Holistic Medicine. London**

Diploma in Life Coaching, Clinical Hypnotherapy and Neuro-Linguistic Programming  
**European College of Holistic Medicine. London**

Certified Emotional Freedom Techniques Practitioner , AAMET training , Studley, Wawickshire

Member of ANLP International

Member of the British Institute of Hypnotherapy

Matrix Reimprinting Practitioner , Karl Dawson , Studley, Warkickshire

For More Information about Alastair and the Lightning Process visit

[www.withinspiration.co.uk](http://www.withinspiration.co.uk)